



The Circuit Rider

February 2020

You are cordially invited to join us in all of our events and activities each and every week. Activities are open to all, not just members. Come on in, be with us, there's God's work to be done with your help.



Cadence of a Deep Call: a Call to Celebrate Cross-Racial-Cross-Cultural Appointments

Several years ago, I had a meeting with a group of laity and clergy in Garner. "I am a recovering racist!" Rev. Dr. Laura Early said to us during our meeting with our Bishop Hope M. Ward. Her confession caught my attention in the middle of serious church business. She continued on saying, "I was born and grew up as white. I couldn't help it. Being a racist put me to see others, especially blacks, with the eyes of prejudice. Even though I serve a multi-cultural congregation, I am still a recovering racist." I truly believe Rev. Dr. Early is one of the most beautiful Christians whom I have ever met in my life.

Camp United Methodist Church is a place of all people. Camp's pastoral leadership is unique in our conference. Originally from South Korea, I am a first generation immigrant. Our associate pastor, Pastor Alex Parker was born in Russia and adopted by American parents. Camp sets a great example for the rest of churches in eastern North Carolina!

This cross-racial/cross-cultural appointment is something we celebrate. Our church families embraced Mee Young and me in July, 2017. Now, Camp has welcomed Pastor Alex and Mallory! I am so thankful for the genuine and authentic love and support from our congregation. We are truly living the epitome of the Christian church model. I believe there is no racism in our church families. We truly believe we are all God's children, regardless of gender, ethnicity, nationality, education, class, etc.

Sometime ago Carl Sandburg was asked this question by a reporter: "What is the most beautiful word in the English language?" He replied, "Inclusiveness." I am thankful for being included as a child of God, no matter where I come from, no matter what I have done, no matter what skin color I have. This is all because Christ died for our sins while we are yet sinners!

In His Name,
Preacher Won



Camp United Methodist Church

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cumc.office@atmc.net

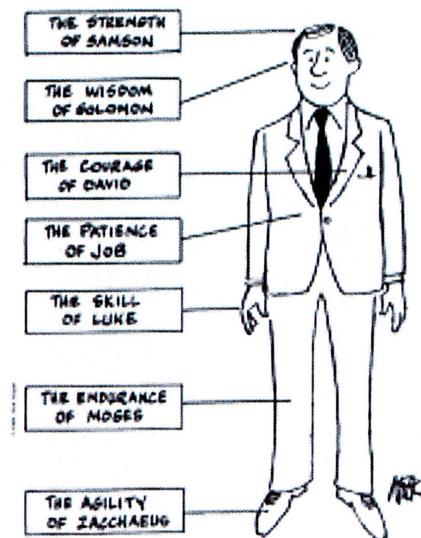
Sunday Services

8:30 AM Praise & Worship
9:45 AM Sunday School
11:00 AM Traditional Worship

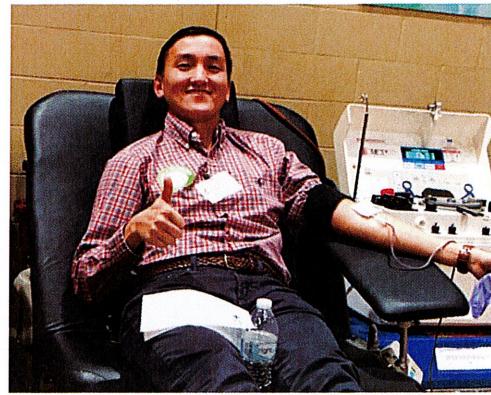
Camp United Methodist Church is a community of faith whose mission is to seek and to serve God by praying, preaching and teaching the Gospel, making disciples and serving others.

Ideal Pastor/Lenten Study.....	2	Adult Discipleship.....	7
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The Ideal Pastor



While Pastor Alex might have known about these expectations,
We're not sure he knew about this.

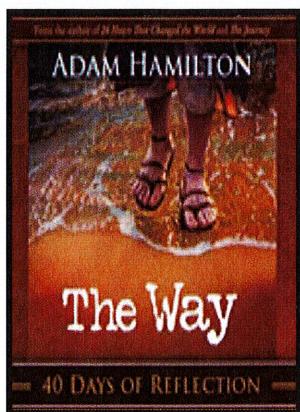


Pastor Alex donates blood

A total of 33 pints of blood was collected.

“... God loves a cheerful giver”
2 Corinthians 9:7

Wonderful Wednesdays Lenten Bible Study



Preacher Won will conduct a Bible Study during the Lenten season. The book that he will use will be *“The Way: Walking in the Footsteps of Jesus”* written by Rev. Adam Hamilton. The 6 sessions of the study are: Baptism and Temptation, Healing Ministry, Proclaiming the Kingdom, Calming the storm, Sinners, Outcasts and the Poor and the Final Week in Jerusalem.” If you would like a book, you may purchase one online, but it is not necessary for the study. Come at 5:00 PM for a meal (\$5.00 and reservations are necessary) or just join us from 6:00~7:15 PM for the study which will be on every Wednesday during the Lenten season starting on March 4 and ending on April 1.

Bible study is essential
to spiritual maturity.

Howard G. Hendricks

Meet the “Loves” of Preacher Won and Pastor Alex



Mee Young

Mee Young was born in South Korea where her mother still lives. She has 4 sisters and a brother. Having graduated from Inha University in S. Korea with a major in history, she worked for two years in the fashion industry and then she met Preacher Won.

They were married in 1987 and have two children, daughter Hyun and son-in-law Simon, and son Wook who will be getting married to his fiancée, Jamie, in October of this year.

Mee Young ‘s hobby is fishing with Won. They love to fish on the waterway and, of course, catch fish! She is very active in the church participating in the knitting group on Tuesday, prayer meeting on Wednesday, choir, Sunday School and both worship services on Sunday. She also makes hospital and home visits with Won.

She says the most challenging part of being a minister’s wife, for her, is the “cultural understanding.” Sometimes, she says it’s hard for her to know how to respond in certain situations. Mee Young likes to work behind the scenes.

Finally, Mee Young says, “Camp UMC has been a wonderful place for us to serve, and we try to enjoy every minute of our time with our church families.”



Mallory

Mallory is a true Texan, having been born in Houston and growing up there most of her life. She has a brother who is a 5th grade teacher and her parents now live in Freeport, FL enjoying retirement at the beach.

Mallory received her Bachelor’s degree and Masters degree in Social Work from Baylor University and is currently working on becoming a licensed clinical social worker.

In January 2013, while at Baylor, a mutual friend invited her to a birthday dinner party for some fellow’s 20th birthday. Guess who that was? She met Alex at his own party. They quickly became good friends and remained “just friends” for a year. Then, in January 2014, they finally admitted they had feelings for each other beyond just friendship and they began dating.

Alex proposed to Mallory in the chapel of the Wesley Foundation at Baylor after sending her on a scavenger hunt, and they had a Texas style wedding May 28, 2017.

Mallory says, “I think the most challenging part of being a minister’s wife is feeling I have 2 jobs at times, and balancing the personal life with the church life is always a learning process! Focusing on the Lord and being a part of a loving, welcoming and understanding church makes it all easier!”

**No man succeeds without a
good woman behind him. Wife
or mother, if it is both, he
is twice blessed indeed.**

Harold Macmillan



MUSIC NOTES



Will the GUILTY person please come forward and let us thank you for the plaque that was placed on the organ bench during Christmas? What a neat gift - especially when Wes sat on the bench with the football team in high school! Our coach finally said to him, "Wes, I think this is not your thing!"

JOIN CHOIR NOW AND EXPERIENCE THE JOY OF SINGING TO THE LORD!

Now is a GREAT time for YOU to join our Adult Choir! The start of a New Year seems to spur us to think of making a fresh start in one area of our lives or another, and many of us make resolutions or set goals for ourselves. This is a perfect time for you to join our Adult Choir. Rehearsals have just resumed following a Christmas break! We are beginning to work on our Lenten, Palm Sunday and Easter music. We would welcome you with open arms and would promise to make you feel part of our family! Practice is at 5:55 p.m. each Wednesday in the Salmon Room. **GIVE AND YOU SHALL RECEIVE!**

DO YOU PLAY A MUSICAL INSTRUMENT?

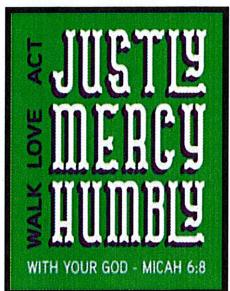
The Ministry of Music invites all musically-inclined and interested people to join us in enhancing our worship services through our musical gifts. Many gifts - one Spirit! Anyone who plays a string, woodwind, brass or percussion instrument is encouraged to contact Wes or Betsy.

TO GOD BE THE GLORY!

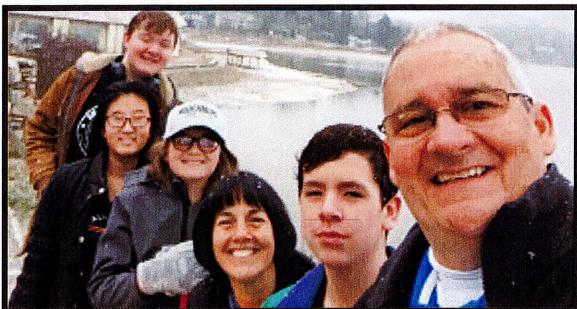
Wes & Betsy
wesnbetsy@gmail.com
843-222-7674

CHILDREN & YOUTH

The youth of Camp are off to a great start in 2020. On Wednesday evenings, we typically have 12-18 youth who gather for food, fellowship and fun. We are wrapping up a 3-week program on the Beatitudes and are learning how to be blessed not just blessed. Basically, being "oh so happy" when our attitudes and actions line up with God's plan for us!



We just returned from the long weekend at the Lake Junaluska Conference Center for our Winter Retreat where 500 youth gathered from 6 states. It was an amazing time together. Our Theme was from Micah 6:8 - **Do Justice, Love Kindness, Walk Humbly.** We had an awesome speaker, a great band, delicious food, mission service work, and with our free time enjoyed snow tubing! There were about 80 youth who gathered to work for Rise Against Hunger and in 2 hours packaged bags that were assembled, sealed, and boxed which will be distributed to 10,000 people. What an impact the opportunity had on us and their efforts will have on so many!

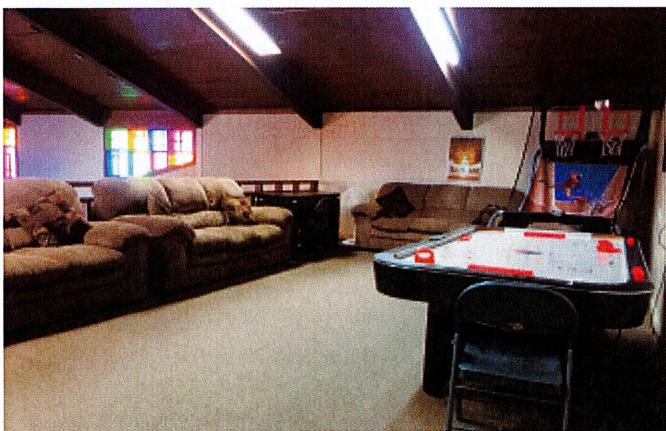


Enjoying snow on our last day.



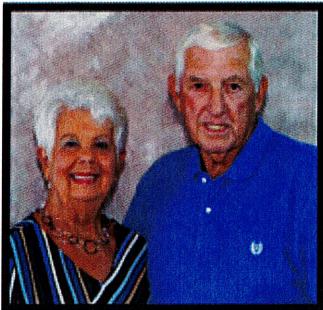
Hard at work packing boxes

If you have not had a chance to see the Family Life Center and loft area please take a moment to check it out. The stage is cleared and the loft area, where the youth gather on Wednesday evenings for our program, has been transformed. It is a great space and can certainly be used by others.



Kelly Littlejohn

MEMBER PROFILE



Don & Lynda Eagle

Lynda and Don Eagle both grew up in China Grove, NC and have known each other since kindergarten. They started dating their senior year in high school and married one year after graduation. They have been married for 61 years and have a son (in Charlotte) and daughter and one grandson (in Salisbury).

Don formed his own company, Eagle Plumbing and Heating Company, at the age of 29. Lynda graduated from UNC Charlotte with a degree in Business Administration. She worked in accounting at the Food Lion corporate office.

After vacationing in Ocean Isle for years, they dreamed of one day retiring there. In 1999 their dream came true. As they searched for a new church home, it was the friendliness of the people that made them choose Camp. They joined the church in February of 2000.

Since joining, they have been involved in many areas of the church. Don was on the building committee for the new sanctuary and worked with Habitat for Humanity. He is co-president of the Salmon Sunday School Class and is an active member of United Methodist Men, helping with the many projects they take on.

Lynda was the president of United Methodist Women for several years and currently serves as secretary. She is one of four Sunday school teachers for the Salmon Class and has participated in many Bible studies over the years. She has taken Disciple one and three and is currently in Disciple two. Lynda is on the SALT planning committee and is a lector in the church. Both Don and Lynda serve as Lay Leaders for the Shepherd Ministry.

When they are not doing something for the church, Don enjoys working in the yard and gardening, but his real passion is fishing, fishing, fishing. Lynda likes to read, walk on the beach and shop. However, their very favorite pastime is attending their grandson's baseball games.

Reflecting on Camp UMC, Lynda says, " When we moved to Ocean Isle Beach, we prayed that God would guide us in selecting a new church home, and he led us to Camp where we found not only a new church home, but a new family of Christian believers who uphold each other in good times and bad. Since we are retired, we now have the time to participate in more opportunities to strengthen our faith and to strengthen our relationship with fellow Christians as we strive to 'be doers of the word, and not hearers only' "(James 1:22)



PRESIDENT'S DAY February 17, 2020

FUN FACTS ABOUT . . .

ABRAHAM LINCOLN

He was the only president to have a patent. He invented a device to free steamboats that ran aground.

He was the first president to use the telegraph . He used the telegraph like email to communicate with generals.

He kept his important documents inside his hat.

National Constitution Center

GEORGE WASHINGTON

He is considered the Father of the American Foxhound. He owned more than thirty dogs.

He had to borrow money so that he could afford to attend his own inauguration.

He owned a very profitable whiskey distillery at Mount Vernon that produced over 12,000 gallons per year.

<https://www.factinate.com/people>

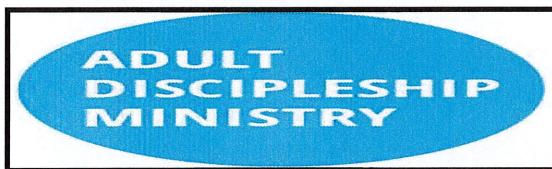
GOOD NEWS: Eating Ice Cream for Breakfast Might Make You Smarter

Researchers carrying out a study in Japan found that participants given ice cream for breakfast had better reaction times and were able to process information more effectively than those who hadn't chowed down on the creamy stuff. The study, originally published by Kyorin University professor Yoshihiko Koga, suggests that indulging in a scoop of ice cream the moment you wake up alters your levels of alertness and gives you a "mental boost." They also attributed ice cream with reducing "mental irritation," which we think translates to "makes you less cranky"; scientists, we are not.

Koga uncovered similar results when participants were given a cold glass of water but determined that a dollop of ice cream still garnered higher levels of mental stimulation. To be on the safe side, we're going to have both.

Daisy Keens House Beautiful

April 30, 2019



The vision of Camp UMC's Small Group Ministry is to have everyone connected in our church. Our mission is to produce transformed believers and to "understand what the Lord's will is for us." *Eph. 5:17*

Camp UMC has a history of having Journey Groups - small groups that meet twice a month for Bible study, prayer and encouragement. As a church grows, it is often more difficult to feel connected to others you see weekly. Journey Groups provide a way to feel more a part of the church.

We are in need of leaders - or hosts - of new Journey Groups. We have people waiting to be a part of this ministry, but we do not have leaders to form new groups. Please pray about becoming a part of this ministry.

Contact Bill and Candy Minor for more information.

Home phone 910-579-0667

Email cjminor2017@gmail.com



BEING GOOD STEWARDS

Recycle Tip of the Month

Cards and envelopes made of paper material can be recycled.

Cards made of photo paper or made with glitter, metallic accents or plastic should be placed in the trash.

Cardboard chocolate boxes and gift boxes can be recycled, but remember to remove any plastic inserts and "windows" first.

SALT MINISTRY

A chicken bog, salad and delicious homemade desserts were on the menu for the **January 20th** meeting of the SALT ministry. Kim Smithwick, a local attorney, was the guest speaker and was available for questions following her presentation on planning for the future and Elder law.

February 17th will be the next meal/meeting of SALT and Jill Bryant will be leading the always fun Trivia Night. The menu will be ham, potato salad, baked beans and desserts.

March 16th will be the Traditional St. Patrick's meal of Corn Beef and Cabbage after which there will be a program from Howard Varnum.

April 20th a program on health and wellness will be presented by Elaine Copple following a spaghetti dinner.

May 18th will be our traditional social with hamburgers/hotdogs and homemade ice cream.

The SALT ministry is offered for the 55 and over population of CUMC. Please join the fun!

FOR YOUR BODY

Was one of your New Year's Resolutions to lose weight or live a healthier lifestyle? If so, here are some healthy foods to eat.

God's Pharmacy— The Value of Certain Fruits and Veggies Part 2

Grapes hang in a cluster in the shape of the heart. Each grape looks like a blood cell. Grapes are profoundly vitalizing heart and blood food.



A walnut looks like a little brain with a left and right hemisphere. Even the wrinkles and folds on the nut are just like the neocortex. We now know that walnuts help develop over 3 dozen neurotransmitters for brain function.



Olives assist the health and function of the ovaries.

faithandhealthconnection.org
Dale Fletcher

VALENTINE'S DAY is coming



Remember someone special by giving them a beautiful floral bouquet! The Camp United Methodist Women will be selling bouquets for \$20 each. The last day for ordering is **Monday,**

February 3rd. Bouquets can be picked up Sunday, February 9th in Narthex after both services. Proceeds from the sale will go to support the mission in Haiti.

"You don't have to wait until Valentines Day to show someone how much they mean to you."

FOR YOUR SOUL

In our health-conscious society, much emphasis is placed upon taking good care of our physical bodies. We are advised to eat properly, to exercise, and to get adequate rest. A body that just eats what it wants, gets little or no exercise, and does not get adequate rest will not be physically fit.

Unfortunately, we are not nearly as conscious of our soul's health as we are of our physical health. A soul must have the same care taken of it in order for it to remain healthy. First it must get the Word of God by reading the Bible. Second, it must have exercise by attending church. Third, it soul must have proper rest by spending time with the Lord Jesus Christ every day.

Today is a good day to start taking care of the one and only soul you have.

"... and their soul shall be like a watered garden."
Jeremiah 31:12

From Even Weeds Have Flowers
by Cherrie Burdeshaw



Do you feel called to serve our Brunswick county neighbors in need? Being a co-chair for the Lord's Food Panty might be the perfect volunteer opportunity for you. Food Pantry volunteers obtain, pack, and distribute food. The co-chairs coordinate these jobs and perform "hands on" work when needed. The busiest time is during the week leading up to Camp's monthly pantry Saturday, which is held on the first Saturday of each month. The ability to lift (alone or with a buddy) and availability during the day are important. Co-chairs participate in the activities of SBIC, the organization that works with all the churches that staff the pantry. The co-chairs share in these responsibilities. The pantry has a GREAT team of dedicated volunteers. All they need is another leader! For more information, contact Carol Kendall (336-689-5603 or kencarol@gmail.com) or Marlene Mellis (440-915-3285 or MarleneM1@aol.com)



Children's church lasts 20 minutes at the most. A lesson from the "Deep Blue" Curriculum has been prepared and is ready for you to use each Sunday. The lessons are short, simple and fun! You gather with the children have a Bible story that is provided, watch the accompanying video and have an activity (also provided). Then after activities, there is a time for snack (also provided). Please prayerfully consider being a part of this ministry. If you are interested, please call the church office (910-754-4840).

BRUNSWICK FAMILY ASSISTANCE The next distribution day is Feb 13th. Volunteers needed on Feb. 12th (10:30AM-4:00PM) for packing. Volunteers needed Feb. 13th for distribution (starting at 1:00AM). If you have questions, call Charles Jackson at BFA (910-524-8225)

CHURCH VOLUNTEERS

Someone said the following: "If a church is going to be effective, it has to be completely run by volunteers, in the sense that they are the ones who are mobilized to do the work of the various ministries." Volunteers are vital to the work of the church. In every church volunteers are council members, Sunday School teachers, youth advisers, choir members, committee members, etc.

It's not hard to serve as a church volunteer, you don't need any kind of training other than being willing to do anything that the ministry or program calls for. If you think you don't have the time, setting aside an hour or so is enough to get into the habit and will make a huge difference in the church. Your service does not have to be an ongoing thing. You can serve on a part time basis and you can still make an impact.

excerpted from "The Necessity of Church Volunteers"
St. Andrews Greek Orthodox Church, South Bend, IN

Nobody can do everything, but everyone can do something.

Author Unknown

CAMP UNITED METHODIST CHURCH

2020

MINISTERIAL STAFF

Senior Pastor: Reverend Won Namkoong

Associate Pastor: Reverend Alex Parker

Pastor of Consultation: Reverend Ted Troutman

CHURCH OFFICERS

CHURCH ADMINISTRATION

Church Council Chairperson: Brenda Register

Secretary to Church Council: Helen Bunch

Financial Secretary: Dennis Leggett

Church Treasurer: Theresa Tese (Ex-officio)

Lay Leader: Steve Dare

Membership Secretary: Virginia Winfree

President of UMM: Keith Compton

President of UMW: Martha Worsley

President of UMYF: Dean Peabody

Lay Members of Annual Conference: Becky Dare, Steve Dare - Alternate-Dean Dull

Finance Committee Chair: Tom Adams

Pastor Parish/Staff Relations Committee Chair: Jill Bryant

Trustees Committee Co-Chairs: Alan Lewis, Michael Nelson

Committee on Lay Leadership Chair: Rev. Won Namkoong

Memorial Committee Chair: Jean Miller

Local Church Representative for Native American Ministries: Pat Purvis Brown

MOM Board: Kim Isenhour

Food Pantry Coordinators: (*not church office positions*): Marlene Mellis, Carol Kendall

OTHER CHURCH LEADERS

MISSIONS CHAIRS: Calvin Chandler and Glenn Humbert

EVANGELISM CHAIRS: Kim and Keith Fillman

ADULT MINISTRY: Bill and Candy Minor

CONGREGATIONAL CARE: Mary Jo and Gene Craft

FELLOWSHIP: Kelly Barefoot and Beth Elliott

YOUTH: Kelly and Kevin Littlejohn

CHILDREN: Chicky and Jim Wallace and Debbie Donoghue

COMMUNICATION: Derrice Combs and Kimmie Durham

CONGREGATIONAL CARE: Tammy Munns

LAY LEADERSHIP: Steve Dare

TRADITIONAL WORSHIP: Wes and Betsy Ward

PRAISE AND WORSHIP: Larry Harrelson and Betsy Tusai

ALTAR GUILD: Sue Wells

USHERS, WEDDINGS AND FUNERALS: Carol Grantham

february

Debbie & Bobby Kirby	2 (35)
Hilda & Morris Hall	4 (64)
Rosie & Jack Scarborough	6 (55)
Chicky & Jim Wallace	17 (30)
Louise & George Toepfer	28 (67)
Sue & Ted Lide	28 (7)
Kitty & Orren Reedy	29 (64)



1	Michael Nelson	16	Chris Lane
2	Diane Sowder	16	Beth Michelakis
3	Calvin Chandler	16	Drew Mintz
3	Bill Clegg	16	Debbie Rupp
3	Joey Galloway	17	Bernie Babcock
3	Bill Martin	17	Geraldine Walker
4	Candy Minor	17	Joe Walker
5	Brighton Mintz	19	Lisa Carr
5	Mary Richardson	19	Birianna Mintz
6	Jeanne Horton	20	Aubrey Marie Anderson
6	Tina Teipel	20	Velna Huffstetler
8	Regan Chappell	20	Barbara Varnam
9	Allison Hunter	21	Lynda Eagle
11	Glen Humber	21	Angela Lawrence
12	Carolyn Jones	24	Cindy Williams
13	John Adams	25	Jim Antunes
15	Amelia Harrelson	25	John Priester
15	Tom Jessee	28	John Braddy
15	Matt Williamson	28	Jimmy Register
16	David Coates	28	Frank Williamson



DATES TO REMEMBER IN FEBRUARY

February 2nd
 February 3rd
 February 14th
 February 17th
 February 24th
 February 26th

Groundhog's Day
 Last day to order Valentine's bouquet
 Valentine's Day
 SALT Trivia Night
 UMM Meeting
 Ash Wednesday / Lent Begins



February



Weekly Events

Sun	Mon	Tue	Wed	Thu	Fri	Sat
8:30 Praise & Worship 9:45 Sunday School 11:00 Traditional Worship 3:00 Jail Ministry	10:00 Women's Bible Study/SC	Bulletin Deadline 9:00 Sewing Ministry /FH 9:30 Prayer Shawl/FH 2:00 Baskets/FH 5:30 Band/S 6:00 Family Grace/N 6:00 Living Grace/TR 6:30 Women's Book Study/LB	6:30 Men's Bible Study/FH 8:00 Prayer Group WONDERFUL WED. 5:00 Meal 5:00 Youth & Kids 5:30 Kids Singers 5:55 Adult Choir 6:00 Bible Study/FH 6:00 Bible Study/RC 7:30 Bell Choir/BR	10:00 Disciple I/YFC 10:00 Disciple II/SC 1:00 Grief Share/SC 6:30 Grief Share/TR 5:30 Band/S	4:30-6:30 Soup Kitchen/FH	10:00 Food Pantry/FH/BA

Additional Events

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2 Communion	3 5:00 SALT Planning/YFC 6:00 Communications Meeting/SC 6:30 Nominations Meeting/FH	4 6:30 Safety Team/FR	5	6	7	8
9 12:00 Shepherd Ministry Covered Dish/FH	10 6:30 Joy Circle 6:30 Bible Study/SC (Antunes)	11 No Prayer Shawl 10:00 Susanna Wesley/FH 3:00 Waves of Grace/Crafts 6:00 Trustees/FR	12 10:00 Amazing Grace/FH	13 4:00 Stephen Minister/FH	14 Valentine's Day	15 10:00 Council & Leadership Workshop/YFC
16	17 5:00 SALT Activity/FH 6:00 Finance & Budget/YFC	18 6:30 SPRR/SC	19	20 Newsletter Deadline	21	22
23 9:45 Membership Class/S	24 6:30 UMM 6:30 Bible Study/SC (Antunes)	25 3:00 Waves of Grace/Crafts	26 7:00 Ash Wednesday Service/S Lent Begins	27	28	29